



## RED DRAGONS MARTIAL ARTS – VENUE HIRE RISK ASSESSMENT

### Introduction

By law, fitness and dance studios in the UK were permitted to reopen from the 25<sup>th</sup> July 2020. Red Dragons Martial Arts School is committed to teaching and personal development, it does not fall under the category of ‘Social Gatherings’, we are a school that puts education of the Martial Arts and Life skills programme at the heart of what we do.

This document outlines the risks identified and measures implemented by the Red Dragons Martial Arts School, Bristol; with the purpose of continuing to provide a fitness service under the guidance of the UK Government during the Coronavirus Pandemic.

### Aim:

- To provide clear critical communication to participants, volunteers and workers of RDMA to ensure that they take all reasonable measures to comply with social distancing and hygiene measures at all times, before, after and during physical activity and that the safety of all members, staff and others users of the premises are considered fully in regards to Covid-19 guidelines.

### Objectives:

- To minimise contact with surfaces, workers/volunteers, customers and contractors within facilities and while participating in sport and physical activity.
- To promote the health and wellbeing of all by working in conjunction with the premises to adopt the safe and conduct COVID-19 safety measures to the best of our abilities.

Identification of Risk	1. Location 2. Persons	Current Risk Level	Risk Level with Reduction Measures
<b>Ventilation</b>	1. Venue hire rooms, access areas to and from the classrooms.  2. All	Medium – There is no ventilation system in place at the venues other than windows, high ceilings and fairly porous space.	Low – by ensuring all windows and fire escapes (where present and possible to guard) are open and a flow of air is promoted.  Request that the venue provide extra ventilation systems such as fans.
<b>Personal Proximity</b>	1. Classes  2. All members.	Medium – due to walled structure, personal space needed, chaperones.	Low – each class has a booking system. No friends or family permitted for members over preschool age & only 1 parent/guardian to help ensure distance from others members is retained.
<b>Accidental Human Collision – risk of transmission though negotiating building.</b>	1. Entrance, stair cases (where present), toilets, classrooms.  2. All premise users.	Medium to high due to passageways and other users of the building.  Space is also quite small for classes.	Low – Direct and signpost one-way systems where possible. NB. Point 2 Safe Return Policy  The passageways are not so narrow so as to cause bodily contact; however, face masks are to worn on entering and leaving the building and only



			<p>removed if necessary, in the class.</p> <p>Use of back-to-back or side-to-side learning &amp; teaching (rather than face-to-face) whenever possible. Sensei faces class to instruct but at a distance when class silenced.</p> <p>– by reducing the number of people each person has contact with by using ‘fixed teams or partnering’ (so each person works with only a few others)</p>
<b>Population: Frequency of activity time</b>	<ol style="list-style-type: none"> <li>In the classes.</li> <li>All members.</li> </ol>	Low	<p>Low – Classes have been adapted so that the activity time is as short as possible and to allow for cleanse and safe passage in between.</p> <p>Class numbers have been significantly reduced and split to allow for adequate spacing.</p> <p>No ‘high risk’ groups or persons with health conditions to make them vulnerable have been identified in our school.</p>
<b>Crowding in washroom facility</b>	<ol style="list-style-type: none"> <li>Men, Women and disabled Toilets.</li> <li>All premise users</li> </ol>	Low – the washrooms are seldom crowded in normal conditions	Low – adopt ‘one-in, one-out’ policy and encourage all members to come and go in their kit so as to keep the washrooms free for frequent hand washing and not changing (facemasks also to be worn)
<b>Personal hygiene of staff and other members of the public</b>	<ol style="list-style-type: none"> <li>All areas of the building.</li> <li>All</li> </ol>	Medium – we do not know what levels of hygiene each person using the building will have and there are other groups using the facilities.	<p>Low – we can cut down transmission and unknown levels of hygiene through meet and greet to guide all members to immediately wash their hands and promote increased frequency of hand washing.</p> <p>Hand gel kept by door of class.</p>
<b>Cleanliness of contact areas</b>	<ol style="list-style-type: none"> <li>All passageways to</li> </ol>	Medium – there is no way of knowing if surfaces have been wiped down/treated	Low – we will be equipped to increase frequency of surface cleaning – such as tables, door handles, railings. light switches

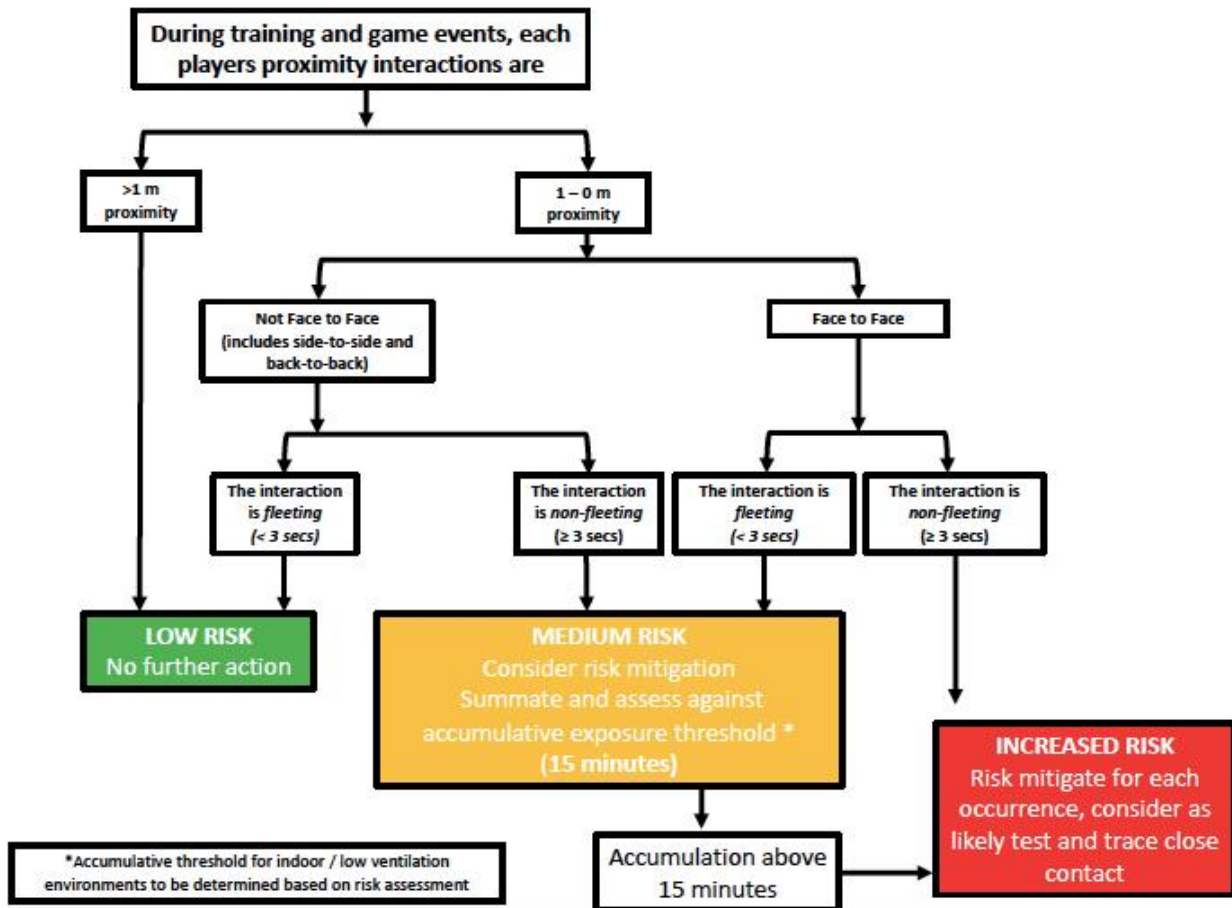


	<p>classrooms/halls.</p> <p>2. All</p>	<p>before and during our use and it only takes one infected transmission.</p>	<p>and any equipment we use after each use.</p>
<p><b>Droplet transmission</b></p>	<p>1. In the class/hall.</p> <p>2. All members.</p>	<p>Low – with the 1<sup>st</sup> stage partial return policy already in place this is not a med or high risk area.</p> <p><b>Instructing</b> - Avoids need to unduly raise voices by already enforcing listening stance and utilising teacher trained behavioural strategies.</p> <p>Rooms well ventilated.</p>	<p>Low – No playing of music or broadcasts that may encourage shouting or that makes normal conversation difficult.</p> <p>‘Listening stance’ will be encouraged more-so to ensure that the Sensei does not need to raise his voice. If necessary, a face mask will be at hand to quickly cover the mouth.</p> <p>Members are facing forward or back to back (distanced) They say “Sensei” when they have a question.</p>
<p><b>FOMITE TRANSMISSION</b> The risk of handling and transferring equipment in the sport</p>	<p>All active members in classes and the instructor</p>	<p>Low – members have always been encouraged to purchase and use their own equipment.</p> <p>Any hand or foot pads are always treated after use.</p>	<p>Low – Currently no sparring will take place unless the coronavirus presents no threat or method can be adopted to make safe.</p> <p>Members are asked not to bring in bags and must not share equipment.</p> <p>All hand pads and kick pads are cleansed after each use and only ever used safe socially &amp; distanced only where member families and bubbles exist.</p>



## Team Sports Risk Exposure Framework:

The following framework maps out the risks associated with team sports. With our safe return policy in place and adaptation of sporting delivery the risks associated with Red Dragons Martial Arts are negligible to low. The framework identifies the sporting exposure which helps to inform risk mitigation strategies and support test and trace. This framework is presented on the Government website and has been used for the purposes of identifying risks in this RDMA risk assessment.



Source: <https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation/return-to-recreational-team-sport-framework>

In addition to the risks identified and approached above, all members have received a policy asking them to adhere to the following rules:

### Stage 2 – Members Safe Return Attendance Measures:

1. Each member will have an **allocated place** in class relating to their individual entitlement for that week. **Classes cannot be changed or transferred at this time** and are capped.
2. Please refrain from congregating around the entrance of the building, stand well back within view of the entrance for when Sensei, Mrs Sensei or a member of the S.W.A.T. team can **greet and indicate to come in to the building one at a time**.
3. All members are requested to **wear a face mask as they enter and pass through the building** to the class room. Members may also train with a mask on if preferred.



4. Members are required to **train 1.5 metres apart** from each other which will be indicated by a marker on the floor.
5. In the case of young children of **preschool age, 1 parent/guardian** will need to remain with the child to ensure they do not venture out of this 1.5 metre mark or make physical contact with any other member or instructor. **No spectators** or non-members can enter the premises. Please can all adult parent/guardians consider wearing a face mask.
6. All members are asked to **follow all Coronavirus safety measures** as well as our previous COVID-19 policy- i.e.:
  - Wash hands on entering the building,
  - Avoid touching the face,
  - No sharing equipment
  - We ask that you please wear a face mask when moving around the building.
  - If you have a sports face mask, please do consider wearing it during the training.
7. Please adhere to any **one-way systems** in place.
8. Please come in your Gi and **avoid changing at the premises**.
9. Bring Antibacterial wipes/gel for your use when required.
10. Please limit the items that you bring with you so as to keep the useable space to a maximum.
11. Please consider smallest parties of people only when attending i.e. **no spectators, no non-members, only 1 guardian for pre-schooler**.
12. Please try to arrive on time and vacate the premises as soon as your class is finished. Communications with the Instructor can take place on the phone or via messenger during these more stringent times.

Date Risk Assessment Completed/ dates updated: 21/08/20, updated 25/08/20, 09/09/20

Signed: \_\_\_\_\_ (RDMA Instructor/Owner)  
\_\_\_\_\_ (Business Manager/Covid-19 Officer)